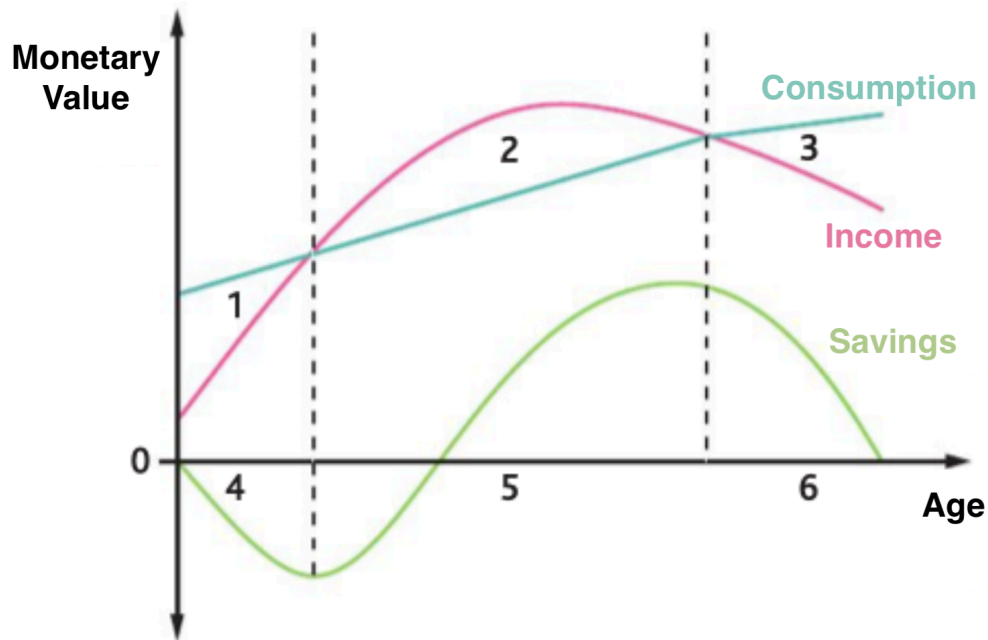


# The Life-Cycle Theory



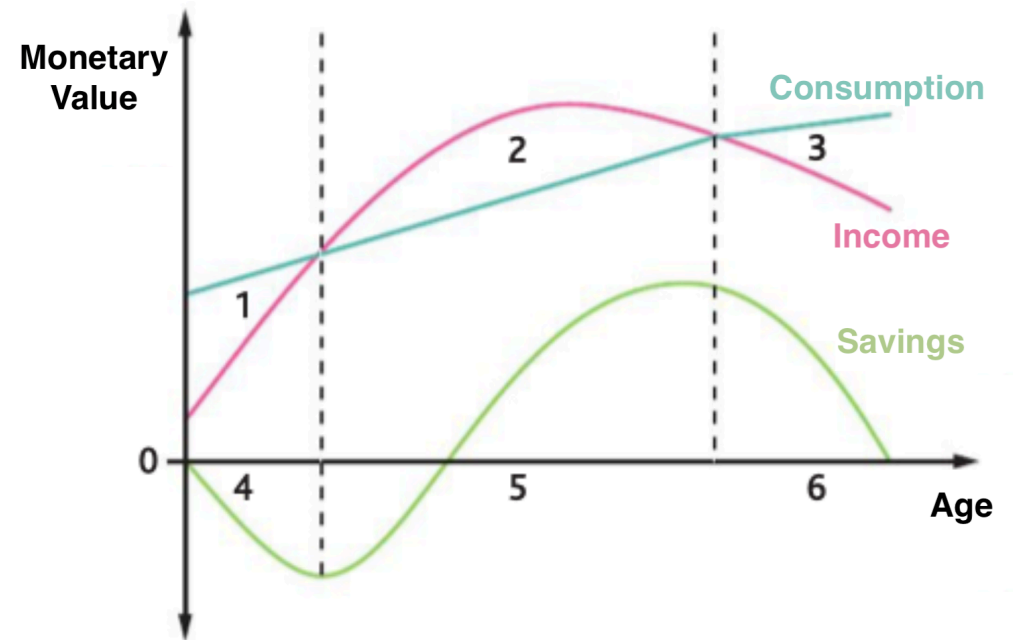
**The life cycle theory** was developed in 1954 by Franco Modigliani. It allows to describe the savings behaviour of an individual according to their age. The life cycle is divided into three phases:

**Youth:** Weak income, growing consumption. Negative savings because the individual is getting into debt to pay for their studies or equipping their domicile.

**Activity:** Positive savings because income increases with better integration into the labor market. The individual can thus build a heritage.

**Retirement:** Revenues decrease due to the end of active life. To maintain the level of consumption, the person draws from their savings.

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